



Christiana Care Monitoring Program Program Guidelines

Title: EtG/EtS Non-Negative Test Results

Pages: 2

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Revision Dates:

Guideline:

- 1 **EtG specimens reported positive are normalized to a creatinine 100mg/dl by the CCMP**
- 2 **Director or Medical Director. Based on the normalized result:**
 - 3 1. If a participant tests between 250-499ng/ml on an EtG test, the following will occur:
 - 4 2. The agreement monitor will contact the participant and request an explanation for the presence
 - 5 of alcohol in participant's EtG test. The level will be shared with the participant.
 - 6 a. The participant will be sent for an evaluation by an approved third party evaluator.
 - 7 b. The Acknowledgement of Monitoring Requirements will be updated in accordance with
 - 8 the requirements from the third party evaluator.
 - 9 c. The participant's testing schedule frequency will be increased.
 - 10 d. If the participant admits to consuming alcohol, the participant will be reported as non-
 - 11 compliant.
 - 12 e. The participant will be educated on products that can produce an EtG level of 250 or
 - 13 greater.
 - 14 f. If during the course of the participant's enrollment in the Program, a participant has a
 - 15 second EtG level of 250 or greater, a report of non-compliance will be sent to Christiana
 - 16 Care.
 - 17 3. If a participant tests at or greater than 500ng/ml on an EtG test, the following will occur:
 - 18 a. The agreement monitor will contact the participant and request an explanation for the
 - 19 presence of alcohol in participant's EtG test. The level will be shared with the
 - 20 participant.
 - 21 b. The participant will be reported non-compliant.
 - 22 c. The participant will be removed from the schedule.
 - 23 d. The participant will be sent for an evaluation by an approved third-party evaluator.
 - 24 e. The Acknowledgement of Monitoring Requirements will be updated in accordance with
 - 25 the requirements from the third-party evaluator.
 - 26 f. The participant's testing schedule frequency will be increased.
 - 27 4. If a participant tests positive for EtG and there is no EtS finding, the participant will be required
 - 28 to obtain a third-party evaluation but there will NOT be a non-compliance report. The decision
 - 29 to report non-compliance will be dependent upon the result of the third-party evaluation. The
 - 30 decision to request the participant to step-down will be determined by the Program's Medical
 - 31 Director pending the outcome of the third-party evaluation.
 - 32 5. If a participant's specimen results in a positive EtS level and there is no supporting EtG level,
 - 33 Christiana Care may be notified, and the participant may be removed from the schedule. The



34 decision to notify Christiana Care will be individualized for each participant based on the
35 following criteria which include but are not limited to:

- 36 a. Participant's position – if the level of safety concern is unclear, Christiana Care
37 Employee Health will be contacted, and information obtained regarding the safety
38 sensitive nature of the position
- 39 b. Level of supervision
- 40 c. Compliance record
- 41 d. EtS level
- 42 e. Workplace performance assessment
- 43 f. Recommendation and input from Agreement Monitor

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45 All information regarding the participant will be reviewed by the Program's Medical Director.
46 The participant may be required to schedule a third party evaluation regardless of employment
47 status.

48 The participant will be required to follow the recommendations of the third party evaluation. There will
49 not be a non-compliance report unless in the course of the evaluation, it is determined that the
50 participant consumed alcohol. The participant will be reminded of their instructions to refrain from use
51 of over the counter medications, foods, and hand sanitizers that contain alcohol.