Christiana Care Monitoring Program

Program Guidelines

Title: Toxicology Testing – General
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Guideline:

All participants with a substance abuse disorder enrolled in the Christiana Care Monitoring Program (CCMP) must participate in the toxicology testing program. When possible, the testing should follow the procedures outlined by the Department of Transportation, CFR part 40. The CCMP program will maintain a toxicology testing system and provide aspects of the system including but not limited to, a randomized individual testing schedule for each participant in the testing program, laboratory supplies, and collection sites.

The testing frequency and appropriate panel for each participant in the toxicology program may be determined with approval by the program's Medical Director by either the third-party evaluator or the agreement monitor. Participants with a diagnosis of substance abuse disorders or substance abuse and mental health disorders must test a minimum of 32 tests for the initial year in the program. Participants with a mental health disorder only with no evidence of a substance abuse disorder may be required to test by the third-party evaluator. If testing is required, there should be a minimum of 18 tests required in the initial year of the program to be reviewed after six months by the Medical Director and agreement monitor. There are also specific circumstances where an additional test may be scheduled. These include but are not limited to concerns of substance abuse due to a report from provider, employer, and/or credible others; participant failed to test, participant had a dilute test, or participant had a non-negative test. As part of the program completion process, participants must have a negative toxicology test.

Testing may be conducted Monday through Friday. Participants are to call in to an interactive voice response system (IVR), log onto the website, or use the RBH app developed for iPhone and Android phones Monday-Friday from 5:00amest-7:00pmest, except for Delaware state holidays. The IVR will inform the participant if they are scheduled to test and what panel they are to be tested for. If the participant is using a paper chain of custody form (CCF), it is the participant's responsibility to check the appropriate panel box on the CCF form. Some collection sites are able to access the test order and panel selection electronically through their database. There may be specific circumstances when the participant will be notified by the program staff when he/she is to be tested.

Initially all tests are not observed. If the participant has a non-negative test, subsequent tests are to be observed by a same sex observer. Participants must test on the same day they are scheduled. It is the participant's responsibility to test prior to the close of their assigned collection site. Failure to test will

be reported as non-compliance. Participants must provide at least 45ml for the specimen to be considered an adequate specimen.

The laboratory: The toxicology testing laboratory is certified by the Substance Abuse and Mental Health Services Administration (SAMHSA) and accredited through the College of American Pathologists Forensic Drug Testing Accreditation Program (CAP).

Chain of Custody Forms (CCF): All participants at the time of enrollment are assigned collection sites and informed if the site needs a paper CCF form. As part of enrollment, CCF forms are sent to the participant. It is the participant's responsibility to maintain an adequate supply of CCFs at all times. Failure to test due to the lack of a CCF form will be reported as non-compliance.

Role of the Medical Review Officer: All non-negative tests are reviewed by a medical review officer who will contact the participant to determine if the participant has a current prescription or medical explanation for any non-negative test. If the participant does not have a valid prescription or a verified medical condition to explain the non-negative, the test result will be reported as a non-negative test or positive. All tests results reported as a non-negative are reported as non-compliance. If the medical review officer cannot contact the participant, the test will be reported to Christiana Care as a non-contact positive test. The participant's agreement monitor will attempt to reach the participant and inform the participant to contact the medical review officer within 24 hours in order for the medical review officer to determine if the participant has a current prescription or medical condition for the non-negative test. If the participant has a valid prescription for a potentially addicting and/or mood-altering medication, the test will be reported as a negative with a warning. All negative with warning test results are reviewed by the program's Medical Director to ensure that the program had previously approved use of the medication. If there is no medication form on file, participants must provide a completed medication management form for all medications with addicting or mood-altering potential, including over the counter medications. The program's Medical Director may contact the prescribing physician if there are concerns about the prescribed medication and to ensure that the prescriber knows that participant is in the CCMP program.

Failure to provide an adequate specimen: Participants must provide at least 45 ml for a specimen to be valid. If the participant is unable to provide an adequate specimen, the participant must remain at the collection site until a specimen is provided. The collector may provide up to 40 fluid ounces of fluid through a period of up to three hours or until the participant has provided a sufficient urine specimen, whichever occurs first. If the participant refuses to make an attempt to provide a new urine specimen or leaves the collection site before the collection process is complete, the participant is reported as a failure to test. If the participant is unable to provide a sufficient specimen within three hours of the first unsuccessful attempt to provide a specimen, the collector will make note on the chain of custody form. If the participant is unable to provide a physician's statement indicating a physiological reason that the participant is unable to test, the participant is reported as a failure to test and a report of non-compliance is completed.

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